

UUCOD WEEKLY NEWSLETTER

DECEMBER 10, 2021



SERVICES

Worship Service/Sunday Together

December 12, 2021

Self-care and Self-compassion Are Not Acts of Selfishness

Worship Leader: Rabbi Jules King

Worship Associate: Bryna Blum

It is not selfish to exercise and practice self-care and self-compassion! In fact it is critical to do so daily to be there for yourself first and then for others.

December 19, 2021

Winter Solstice: The Returning Light

Worship Leader: Rev. Ian W. Riddell

Worship Associate: Josette Pacino

The Winter Solstice brings us the longest night and the shortest day, a time when humans throughout history and cultures have pondered the balance of light and dark in their lives. Join us as we explore nurturing of darkness and the inspiration of light.

December 24, 2021

Christmas Eve: What Child is This?

Worship Leader: Rev. Ian W. Riddell

Worship Associate: Bryna Blum

Mary and Joseph had no idea who their child would become in his life. As we celebrate with stories and music we ponder how we are ready for the arrival of new life.

December 26, 2021

“Come Sing a Song with Me: A Sunday of Favorite Hymns”

Worship Leader: Sarita Gonzales

Worship Associate: Betty Bender

Join your fellow UUCOD congregants as we share some of our favorite hymns that helped to ground us in our faith and values. Select members will share stories of their favorite hymns and why they are so special to them. If you're attending the service from home feel free to sing along and for those in the sanctuary, let's hum together.

Collections Basket

Improvements to In-Person Service Capacity



The Covid Response Team is happy to announce that we are working to increase the capacity for those who wish to attend in-person services. Beginning this Sunday, December 5th, we plan to offer seating in the main sanctuary with seating spaced at 4 feet apart and in the community room with seating spaced at 6 feet apart. We estimate that this will allow for 55 people in the main sanctuary and 25 people in the community room. Everyone will then be invited to congregate outside and visit with one another after the service has concluded.

Proof of vaccination and masks will still be required in the building.

Staying Connected

Sunday Service: Sunday, December 12 @ 10:00am in person and Zoom

Sunday Together: Sunday, December 12 @ 11:00am -12:00pm

Finance Committee Meeting: Sunday, December 12 @ 11:30am

IDC Meditation: Sunday, December 12 @ 3:00pm

Work Party: Monday, December 13 @ 9:00am

Gathering in a Quiet Community: Monday, December 13 @ 1:00pm

Monday Meditation: Monday, December 13 @ 5:15pm **In Person with masks**

Women's Nite Out: Monday December 13 @ 6:00pm at Burgers and Beer

Chalice Circle Facilitators Meeting: Tuesday, December 14 @ 2:00pm

Membership Committee Meeting: Tuesday, December 14 @ 5:30pm

Gathering in a Quiet Community: Wednesday, December 15 @ 1:00pm

Chalice Circle: Wednesday, December 15 @ 1:30pm

BIOPOC Meeting: Wednesday, December 15 @ 4:30pm

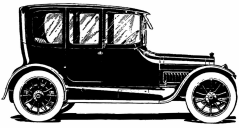
Grief Labyrinth: Thursday, December 16 @ 8:00am

Chalice Circle: Friday, December 17 @ 1:00pm

Friday Book Club: Friday, December 17 @ 1:30pm

ANNOUNCEMENTS

DRIVERS WANTED



Please let us know if you are willing to drive congregants to appointments, grocery shopping or to Church on Sunday (and Christmas Eve!). The Care Team is compiling a list so that we can reach out when a congregant has a need.

It is an act of loving kindness.

Bryna Blum, Care Team Chair

Friday Afternoon Book Club



Friday, December 17 at 1:30: Book group meeting to discuss "Every Day Is a Gift" by Tammy Duckworth. All are welcome. Contact Lavonne Swanson.

Our Cornucopia of News Abounds!



If you don't see info about Pam's office hours at the bottom of the newsletter, your device is showing you only part of the text. Please look for a blue link at the end to click to display the entire newsletter so that you won't miss important info with dates of Social Justice holiday drives, Lifespan Learning opportunities and other special events. Lots of people at UUCOD are doing great things they want you to know about and participate in. Please read our newsletters to the end!

Gathering in Quiet Community



Join Rev. Ian in the Sanctuary on December 13 or 20 at 1pm or on Zoom December 15 or 22 at 1pm. We'll light our chalice, share a reading and perhaps a quiet song, and be together in a quiet, reflective community.

Support Build Back Better Legislation Contact Congress Now!



Critical votes continue in the House and the Senate – email, phone or write your US Senators to express support for the *Build Back Better Bill* passed by the House of Representatives and awaiting Senate action.

Build Back Better includes major investments in economic priorities - from health and child care to climate, affordable housing, labor and immigration protections and more. This is Part II of President Biden's proposals for infrastructure this year. Part I has passed both the House and the Senate and been signed by President Biden. Part II will address economic priorities----many social and economic support programs important to all Americans.

Voicing your support with your senators is important both to assure those voting in favor of the legislation that we support them and to encourage those who currently oppose the legislation to support it. In addition to contacting your own Senators (Padilla and Feinstein from California), it is important to send your comments to Senators Manchin and Sinema, two key votes required for the legislation to pass.

Use this link to find and contact your US Senators: [Senators](#)
Use this link to contact [Senator Manchin](#)
Use this link to contact [Senator Sinema](#)

Taking Action? Click Here to Let Us Know: [Action Survey](#)



WOMEN'S NITE OUT IS BACK!

Monday, Dec 13th at 6pm we have reservations on the patio at Burgers n Beer- just East of UUCOD.

Sheryl Eaton is organizing the December dinner & Joni Paddock will organize the January dinner. We are asking that each person take a month, pick the restaurant & send out the email invite.

For more information contact Sheryl Eaton. Please RSVP by December 10th so the restaurant knows how many people will be there. We look forward to seeing you on December 13th.

SOCIAL JUSTICE



Socks on the Second is this Sunday!

Socks on the Second is a program of the Social Justice Committee whereby we collect new socks for women, men, & kids on the second Sunday of each month that you bring in. They will be delivered to *Well in the Desert* at one of their five lunchtime sites Palm Springs and distributed to any person in need who comes in.

Can't make it to church on December 12th? We've got you covered. Simply drop them off in the brown bin in the lobby at UUCOD the next time you are there. Easy Peasy!

So the next time you go shopping, add socks to your cart then bring them to UUCOD. A person in need will thank you.



December's Share the Plate: Planned Parenthood of the Pacific Southwest

On December 19 we will Share the Plate with Planned Parenthood of the Pacific Southwest. With 600 Health Care Centers across the U.S, Planned Parenthood is the nation's leading provider of sex education and high quality health care for all people regardless of financial circumstances. Within our local branch of Planned Parenthood of the Pacific Southwest there are 19 health centers in San Diego, Riverside and Imperial Counties, serving over 130,000 people. Within our Coachella Valley, there are two Planned Parenthood Family Planning Centers - one in Coachella and the other in Rancho Mirage - together serving over 15,000 men and women.

Planned Parenthood's mission is to ensure broad public access to sexual and reproductive health care in three vital ways:

- Direct Health Care Services
- Educational Services
- Political Advocacy

Health Care offers direct medical care, annual check ups, hormonal treatment for those in transition, contraception, etc. *Educational Services* offers over 20 different, free, age

appropriate classes ranging from basic anatomy to healthy relationships. *Political Advocacy* includes national, state, and local opposition to or support for various legislative initiatives. With *Roe v Wade* under attack, they have continued the fight and serve as a leading advocate for sexual and reproductive rights knowing that healthcare is a basic human right!

Even in our Coachella Valley, Planned Parenthood has kept all their Health Care Centers open throughout this pandemic. They have improved upon their already-pristine protocols to make them even safer for those who choose to visit their healthcare provider in person. They have also implemented Telehealth so those who wish to be seen and treated virtually, can see and talk with their healthcare providers from their homes via a secure internet link.

Planned Parenthood needs our help and support now more than ever to continue these essential programs. All money you donate goes to help local and regional Centers, helping our neighbors.

Please donate as generously as you are able. Thank you.

CARE TEAM NEWS



Dear Friends,

The holidays can be difficult. Be kind of yourself and practice self care. Please reach out if you're not well, need a meal or just want someone to talk to during the holiday season.

Don't be shy. We are your Care Team and we are here for you.

Bryna Blum



Script2Stage2Screen 2021-22 Season

Script2Stage2Screen's Executive Committee, directors, actors and fans are excited that the group will return to UUCOD for its 2021-22 season. "It has been so long...and we're so appreciative of our partnership with the Church for more than 10 years," said Dori Smith, an S2S2S Executive Committee member.

Here is the planned 2021-22 season:

Jan. 21-22, 2022: "I'm Not Rick Springfield," by Vicki Vodrey. A bag of laughs driven by hero worship, mistaken identity and family dysfunction.

February 25-26, 2022: "A Night in Puglia," by David M. Wolgin. A love story for the ages and all orientations. Sensual and sweet, and set in Italy.

April 22-23, 2022: "Inez's Birthday...and Then Some," by Jason Hull. A family curse, a pompous minister, a gay nephew, a redneck brother, a case of gout, and Loretta Lynn. What could possibly go wrong?

Office Administrator Hours:

Monday-Thursday 9:15 am - 2:00 pm
Friday: 9:30 am - 2:30 pm

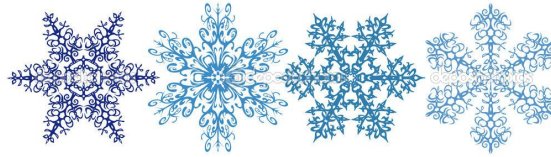
(There are times Pam may be on errands. Please call first to ensure she is in the office.)

Newsletter Deadlines: The deadline for the Newsletter is always **Wednesday morning before noon**. If you are going to be late please call or email Pam at admin@uucod.org asking to reserve space. The newsletter will be on the website by Friday at 3:00pm.

Just a note that in December I will be off 12/24 and 12/27 to enjoy time with my family.

“Self-care is never a selfish act - it is simply good stewardship of the only gift I have, the gift I was put on earth to offer others. Anytime we can listen to true self and give the care it requires, we do it not only for ourselves, but for the many others whose lives we touch.”

~Parker Palmer



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