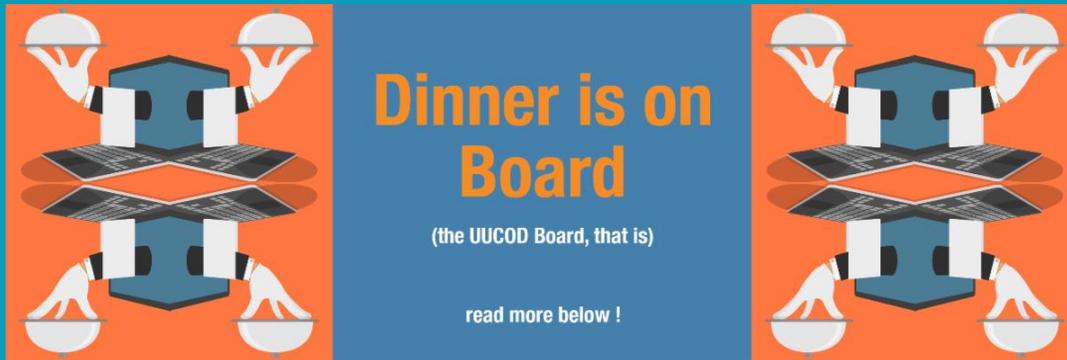


September 4, 2020



UUCOD Weekly Reminder

SERVICES

[Click Here to Join Our Worship Services at 10:00 AM](#)

September 6, 2020

Beyond the Water's Edge

Worship Leader: GA Service--Rev. Joan Javier-Duval

Our faithful and skillful Sunday Service Tech Team has a Sunday off for Labor day. We decided that there was great value to stream the UUA General Assembly Closing Worship for UUCOD as a community. You will be challenged and encouraged by the vision, inspired by the power of the message, comforted by the shared prayers and lifted up by the songs. After, please join us for our Zoom Meeting at 11:30 AM.

September 13, 2020

A Free Heart; Part 1

Worship Leader: Rev. Barbara Fast

Worship Associate: Sarah Gonzales

I have missed you! I have missed being with my community as a religious practice! Knowing that you are out there, gives me strength when my heart is troubled by the unnecessary suffering human beings create. I am glad we are here now. And the choir has some surprises for you!

Join us in Sunday Together for a BYOICS (Bring Your Own Ice Cream Sundae) to welcome Rev. Barbara back and welcome Rev. Ian.

September 20, 2020

Change & Certainty: The Transient & the Permanent

Worship Leader: Rev. Ian W. Riddell

Worship Associate: Joni Paddock

This year has been one of disruption and change. How do we make ourselves ready? How do we keep ourselves open and curious? Join us as Rev. Ian introduces himself to the congregation and explores change and our UU tradition.

September 27, 2020

A Free Heart; Part 2

Worship Leader: Rev. Barbara Fast

Worship Associate: Bryna Blum

A path into freedom is a lifelong pursuit. In Zen there are the Ox-Herding Pictures. In the civic arena there is the call for justice. Ideals are wonderful, but, as someone said, "you cannot eat democracy." *Dr. King wrote: "Power at its best is love implementing the demands of justice, and justice at its best is power correcting everything that stands against love."* In Judaism, these are the High Holy Days, a *new year's* time, out of ordinary time. It is a solemn and celebratory time, a time to take inventory and see what we need to let go, into order to stay on the path into liberating freedom.

COLLECTIONS BASKET

WELCOME REV. IAN RIDDELL

Getting to Know You!

Rev. Ian here! I would like to invite you to some opportunities to get to know each other better. Normally I'd be inviting people to tea or hosting conversations at the church. Because of COVID isolation we're going to do this virtually over the next few weeks.

1. One-on-One Conversations. If you'd like to have a one-on-one phone call or Zoom call with me, just send me an e-mail at revianwiddell@gmail.com and we'll find a time that works for both of us in the next weeks for a half-hour conversation.

2. Zoom Gatherings. If you'd rather share as part of a larger group, I've scheduled several Zoom gatherings where I'll tell a little bit of my story and hope that you'll share some of yours. If you'd like to attend one of the gatherings listed below, just send me an e-mail at revianwiddell@gmail.com and I'll let you know how to join us. You can bring your tea (or other beverage) or knitting (or other crafting) to any of these gatherings, of course!

- Monday, September 7: 6:30pm to 8:00pm
- Thursday, September 10: 10:00am to 11:30am
- Monday, September 14: 6:30pm to 8:00pm
- Thursday, September 17: 6:30pm to 8:00pm

Please don't hesitate to contact me at revianwiddell@gmail.com

I can't wait to meet you all!

Peace and Love
Rev. Ian

"INSPIRATIONAL" QUOTE OF THE WEEK

You are invited to send your favorite inspirational quote to admin@uucod.com for publishing in our Newsletters. Let's all work to keep each other's spirits lifted!

"Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself." – Rumi

CALENDAR SEPTEMBER 4-11

Staying Connected

Membership Committee: Tuesday @ 6:00 pm

Social Justice Committee: Thursday @ 6:30 pm

Sunday Together: Sunday @ 11:00 am - 12:00 pm

Loving Kindness Meditation: Thursday @ 12:00 - 12:30 pm

Coffee & Conversation: Friday @ 11:00 am - 12:00 pm

Social BUUterflies Happy Hour: Saturday @ 5:00 - 6:00 pm

To Dial in by Phone

Sunday Together

Coffee & Conversation:

Loving Kindness Meditation:

Social BUUterflies Happy Hour:

ANNOUNCEMENTS

Plate Collections for Sunday, August 30, 2020: \$295.00

Art Talk

Calling all UUCOD creative types! Join us for an informal Zoom conversation of Art Talk on Monday, September 28, 5:00 - 6:30 pm Pacific Time. Let's talk about what we are doing artwise, however we define that. Let's share, inspire, and support.

Screen sharing will be available: if you wish, take a jpg of your work and have it ready on your desk top. However, definitely not required.

Welcome Back Rev. Barbara!

We hope this summer you were able to spend long days and restful evenings with your family. To welcome you back we have a special Ice Cream Sundae Social Planned for September 13th. This is a **BYOICS**. Bring Your Own Ice Cream Sundae Social!! We will meet in our Sunday Together to share ice cream, discussion and welcome your return.

News from the Care Team:

The Care Team is here for you. Anyone in need of support, please reach out to either Margaret Beaman or Bryna Blum. They are on call through the end of September. We care about what you need to share....

Our information can be found in the UU Directory.

Stay safe and be well.

Bryna

Stewardship Committee

Stewardship is the act of responsibly caring for something. You can be a good steward of your family, your home, the earth, your job, your church, or any other organization you

support. We tend to be good stewards of things that are important to us, things that matter. We care for these things with our time, talents and money.

Take a moment to think about being a good steward of your family and home. What does that look like for you? Does it mean you try to ensure you and your family members are happy, healthy and safe? Are everyone's basic needs met? Is your home your castle, whatever that means to you? Do you and your family members participate in things that bring them joy? It could be sports, the arts, reading, cooking, vacations or any other activities.

UUCOD is part of our extended family. Over the next few months we will explore what it means to be a good steward of our family at UUCOD. That caring will look different for each of us. We can each be a good steward in some way to support our church. I hope you will join me in the journey to learn more about stewardship and what it means at UUCOD.

Written by Linda Savard on behalf of the Stewardship Committee

UUCOD HISTORY BY LESLIE GEBHART

UUCOD History, Courage and Connecting the Dots

Date: Sunday, September 20th 2:00 pm (for 90 minutes).

Presenter: Leslie Gebhart, MA, PCC

Come Join and Learn about UUCOD. You'll be glad you did. More information in the Lifespan Spiritual Growth Opportunities. Zoom invitation coming soon.

AUCTION NOTES

- Covid has impacted our daily lives. Unfortunately, our church finances have also been impacted. We need your help more than ever to help sustain our beloved community.
- You will be receiving a Constant Contact with auction information and an easy to use auction donation form attached.
- Please consider making a donation: dinners 'to go', dinners at your home, gift certificates, homemade items, gift baskets-the sky's the limit!
- The newsletters will contain a running list of donations.
- Donation forms should be returned before Oct. 7 (the earlier the better) in order for us to print and deliver a 'catalog' of items.
- **Silent Auction: Nov. 13 @ UUCOD and Live Auction: Nov. 14 via zoom.** Detailed information to come.
- Contact Carol Lavoie at mclavoie@aol.com with questions/suggestions.

DONATIONS as of September 2:

4 Course Dinner on the UUCOD Board, Reuben's Prize Winning Chili with 'fixins', Monthly Local Produce Boxes, Collection of Books by former UUCOD'er

LIFESPAN SPIRITUAL GROWTH OPPORTUNITIES

New Lifespan Spiritual Growth Opportunities-Fall, 2020

Diversity 101

Description: Diversity 101 will consist of opportunities for participants to explore wide and varied perspectives on race and racism. Prejudice, Unconscious Bias, Intention vs. Impact, and White Fragility and Privilege are a sampling of what will be explored in this forum. What roles do we play in perpetuating racism? What actions can we take to counter systemic racism in America?

Leader: Lauren Nile, JD

Dates: September 26; October 3, 10, 17, 24, 31

Time: 10:00AM-12:00PM

Participant Limit: 30

Note: Ms. Nile is extending generous professional arrangements to the UUCOD for her work. In recognition of her generosity, we will provide participants the opportunity to offer up dana as an expression of appreciation. (Dana: A Buddhist tradition for practicing generosity through monetary contributions for teachings. This is not a fee or payment. It is a monetary expression of gratitude.)

Questions about this course? Peter Mathews (peter.mathews56@gmail.com)

Registration: mclavoie@aol.com

Building Your Own Theology

Description: Based on the assumption that everyone is their own theologian, this classic UU adult education program invites participants to develop their own personal credos, and their own fundamentalist religious beliefs, values, and convictions that inform and direct their lives. Gilbert poses five developmental tasks in which participants come to terms with human nature, ultimate reality, history, ethics, and religious meaning.

Leader: Reverend Barbara Fast

Dates: October 15, 22, 29; November 5, 12, 19

Time: 4:00PM-6:00PM

Participant Limit: 10

NOTE: There is no cost for this offering, but participants will need to obtain Building Your Own Theology, Volume 1 by Richard S. Gilbert. Please use the following link for ordering. <https://www.uuabookstore.org/Building-Your-Own-Theology-Volume-1-P16645.aspx>. Please contact Peter Mathews at the email address listed below if you cannot afford the book and he will work to alternate arrangements.

Questions about this course? Peter Mathews (peter.mathews56@gmail.com)

Registration: mclavoie@aol.com

Poetry

Description: Analysis of meaningful, spiritually based poetry that is created by course participants and others.

Leader: Peter Mathews

Dates: November 3, 10, 17, 24; December 1, 8

Time: 10:30AM-12:00PM

Participant Limit: 10

Questions about this course? Peter Mathews (peter.mathews56@gmail.com)

Registration: mclavoie@aol.com

UUCOD History, Courage and Connecting the Dots

Description: A brief history of the UUCOD. "This is how we came to be."

Leader: Leslie Gebhart

Date: September 20, 2020

Time: 2:00PM-3:30PM (please note that you can log on as early as 1:45PM if you need to get comfortable with the technology)

Participant Limit: None

Note: Participants should have paper and something to write with available for an exercise that will be conducted during the program.

Questions about this course? Rob DuWors (rduwors@gmail.com)

Registration: mclavoie@aol.com

Ongoing Lifespan Spiritual Growth Opportunities

Coffee and Conversation

Description: A loosely structured gathering for Members, Friends, and others for sharing, catching up, and connecting.

Leader: Peter Mathews

Dates: Ongoing, Fridays

Time: 11:00AM-12:00PM

Participant Limit: None

Loving Kindness Meditation

Description: Give yourself the gift of a half hour of a guided meditation called loving kindness. Rev Barbara leads us through a process of first blessing ourselves, then opening our practice as we bless dear ones, and going wider, as we offer loving kindness to those unknown to us, finally coming back to ourselves and peaceful breathing. Refreshed and Centered.

Leader: Reverend Barbara Fast

Dates: Ongoing, Thursdays

Time: 12:00PM-12:30PM

Participant Limit: None

SOCIAL JUSTICE



UUCOD the VOTE Discussion of November 2020 California Ballot Propositions

...will follow the October 17, 2020 Sunday Worship Service, at 11:30 am via Zoom. Check the October UUCOD Monthly Newsletter for information on how to sign up in advance for the Zoom meeting.

Advance sign-up will allow us to send you written information to review before the Zoom meeting, so you can better follow the discussion and have your questions ready. Written information is planned to include information from other organizations as to their yes or no positions on each proposition to be discussed.

The Social Justice Committee will facilitate the discussion of measures on the November California ballot with an emphasis on those issues related to our UU principles and to UUA Social Justice position papers on issues. For more information, contact Gloria Kapp at

September 21, International Day of Peace

One way we address local needs is through holding monthly Share the Plates for local nonprofit organizations that are on the frontlines working with people and animals who have been pushed aside by biased policies created by leadership within our local, state and national governments.

We don't seek recognition for what we do. But, still, it's nice to be recognized. We recently shared the offering with the Coachella Valley Chapter of Veterans for Peace. To our surprise and delight, they will be honoring UUCOD at their International Day of Peace virtual celebration on September 21, 2020. We see this honor as an acknowledgment of all that you are doing every month. If you would like to attend this event or are interested in being on the Social Justice Committee to help us fulfill our vision, please call Denise Janssen Eager.

Of course, this recognition doesn't mean that we on the Social Justice Committee can slow down and rest on our laurels. Instead, we are committed to living on the side of love and as the recently-departed Representative John Lewis had said "... to get in trouble. Good trouble, necessary trouble." Thanks for getting into good trouble with us.

Be Safe and Well!

Newsletter Deadlines: The deadline for the Newsletter is always Wednesday morning. If you are going to be late, call or email the Administrator at admin@uucod.org asking to reserve space. The newsletter needs to be on the website by 3:00 pm, Fridays.

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