

May 15, 2020



**My favorite flowers are tulips.
Vibrant colors, early bloomers,
elegant simplicity.** *Suzanne*

UUCOD Weekly Reminder

SERVICES

[Click Here to Join Our Worship Services at 10:00 AM](#)

May 17, 2020

The Moral Imagination in the Time of Pandemic

A former supervisor once said to me: "I am not interested in how people behave when things are good. I am interested in how they behave when things are difficult." It has stayed with me for 40 years, that may be THE reason we should be here now.

The Annual Meeting will follow this service on The ZOOM Platform.

Worship Leader: Rev. Barbara Fast

May 24, 2020

Gratitude is the Antidote For Fear

Gratitude is the antidote for fear, worry and anger. When we focus on what's good right in front of us, we quiet the story about bad things that might happen. We will meditate on gratitude, take a gratitude assessment, and examine five ways to practice gratitude. When even a trip to the grocery store can trigger anxiety, learning to give thanks is a valuable way to bring joy to the present moment.

Worship Leader: Brian Joyner

Worship Associate: Bryna Blum

May 31, 2020

All My Boyfriends Have Cats

We have all been through a terribly difficult and frightening period in our lives, with an uncertain future. We need tools to process our feelings and emotions, and one of the best ways to do that is with Expressive Writing. In a previous sermon, Rev. Don spoke of using poetry workshops for this purpose. Join us this Sunday, along with your favorite journal and pen, as Rev. Don conducts a whimsical mini-version of a workshop virtually, and

learn some great tools for personal recovery and growth. No experience required!

Worship Leader: Rev. Donald Stouder

Worship Associate: Peter Mathews

COLLECTIONS BASKET

CALENDAR

Saturday, May 16

5:00 pm-Social BUUterflies-ZOOM Meeting

Sunday, May 17

10:00 am-Worship Service-Live Streaming

11:30 am-Annual Congregational Meeting-ZOOM Meeting

Tuesday, May 19

5:00 pm-Board of Directors-ZOOM Meeting

Thursday, May 21

12:00 pm-Loving Kindness Meditation-ZOOM Meeting

Friday, May 22

11:00 am-Coffee and Conversation-ZOOM Meeting

1:30 pm-Afternoon Book Club-ZOOM Meeting

EVENTS

Annual Congregational Meeting:

On Sunday May 17 following the Worship Service, you are invited to join together on Zoom for our Annual Congregational Business Meeting.

From 11:00-11:30 AM we'll have "traditional" coffee and cookies during which time we will review technical instructions on accessing Zoom video and audio, what to expect with your audio during the meeting, how to ask questions using Zoom, how to raise your Zoom hand, how to use a "chat" Zoom feature. Support with technology will be available during this half hour so you will be up and running smoothly since the Meeting will begin promptly at 11:30AM. If you cannot get connected, you may call *Fran Hoag* (971-404-9450) or *Barbara Storms* (760-610-5160) for help before the meeting begins.

July 11 -- Harvey Milk Breakfast, Palm Springs Convention Center

UUCOD is sponsoring a table of 10. See Jane Zaun for details.

STAYING CONNECTED

All links to Zoom meetings are removed from the web version of the newsletter. please use these links to access Zoom Meeting. Some links have changed to include passwords.

Board of Directors May Meeting

The next regular meeting of the Board of Directors is Tuesday, May 19 at 5:00 pm. Board meetings are open for all members and friends to observe. A portion of the meeting is set aside for congregants to address the board. The agenda for the

Click the link to join the Board of Directors meeting

To dial in by phone
+1 408 638 0968

meeting will be posted at least 48 hours prior to the meeting at <http://uucod.org/Governance>

Meeting ID: 926 6492 6274
Password: 996762

Loving Kindness Meditation

***Thursdays in May
@ 12:00 - 12:30 pm***

***Weekly Online, Drop in
hosted by Reverend Barbara***

Loving Kindness meditation focuses on sending positive energy towards yourself and others. In these times when we are sheltering in place, it can increase positive emotions and feelings of social connection.

Click the link to join the Loving Kindness Meditation

For those wishing to dial in by phone:
+1 669 900 6833

Meeting ID: 822 160 492
Password: 284353

Coffee and Conversation A Reading and Get Together

***Fridays in May
@ 11:00 am - 12:00 pm***

***Weekly Online Gathering
hosted by Peter Mathews***

Please join Peter every Friday for a reading and get together. It is an interesting time we find ourselves in. We'd love to hear what's coming up for you, and maybe share a solution or two.

We look forward to connecting with you online.

Click the link to join the Coffee and Conversation.

For those wishing to dial in by phone:
+1 669 900 6833

Meeting ID: 405 425 312
Password: 010198

Social BUUterflies - Happy Hour

***Saturdays in May
@ 5:00 pm - 6:00 pm***

***Weekly Online Gathering
hosted by Sheryl Eaton***

Join your UUCOD friends each Saturday through May at 5:00 pm for a virtual Happy Hour. Everyone's invited! Hope to see you Saturday.

Click the link to join the Happy Hour

For those wishing to dial in by phone
+1 669 900 6833

Meeting ID: 535 854 983
Password: 926623

ANNOUNCEMENTS

Summer Directory:

We are currently gathering information for our Summer Directory of Members and Friends. We ask that Friends who are not currently in the directory submit your name, phone

number, address and email. If anyone has changed their current information by dropping a landline, or moving or in any other way, please inform us of the changes. Questions? Contact *Randy Steele* (760-534-4199 or randy_steele@yahoo.com) or *Marion Ellson* (760-600-6005 or mtellson55@gmail.com)

ZOOM SCHEDULING REMINDER!

Please be sure to contact Carol Lavoie at mclavoie@aol.com to confirm that the time you wish to reserve for your zoom meeting is open. Checking the zoom schedule online and reserving without contacting Carol has caused some difficulties.

News from the Care Team:

"These are often confusing and hard times for all- if you find yourself angry, hurt or sad please know we are here to listen. Please call and contact us at these numbers so we may offer our ear, empathy, and hopefully help." Bryna Blum the Committee Chair and Frank Riela are on duty for the Care Team for the months of May and June. Anyone in need of support, please feel free to reach out to either *Frank* (760) 902-0283 frank.riela@yahoo.it or *Bryna Blum* (760) 485-9289 bb@brynab.me

We are here for you...
Bryna

SOCIAL JUSTICE

Share the Plate: May 17th -- Galilee Center

Every week the number of families needing food assistance exceeds the supply. KMIR's Regina Yurrita visited Galilee Center and submitted this report [Eastern Coachella Families Looking For Food Assistance Triple](#).

Galilee Center is able to do what they do because of what we do. We, living through out 7 principles, give. Please give generously on Share the Plate Sunday.

Blood Donations During the Pandemic: "Show Up, Save Lives"

If you are able to give blood and are healthy, please consider donating now. Blood donations remain essential through the Coronavirus pandemic. Many mobile drives have been canceled and donations are down. If you have never donated before, [click here](#) to find out if you are eligible.

Make your appointment at either of these two LifeStream locations:

La Quinta: 79215 Corporate Centre Dr
Rancho Mirage: 42390 Bob Hope Dr #1b
For appointments, call 800-879-4484, or visit Lstream.org

Newsletter Deadlines: The deadline for the Newsletter is always Wednesday morning. If you are going to be late, call or email the Administrator at admin@uucod.org asking to reserve space. The newsletter needs to be on the website by 3:00 pm, Fridays.

Unitarian Universalist Church of the Desert
72425 Via Vail - Rancho Mirage CA 92270 - (760) 321-0694

