

March 20, 2020



UUCOD Weekly Reminder

SERVICES

March 29, 2020

I bore you on eagles' wings...

There is something very powerful, encouraging and inspiring about that image! What can we learn from it? Relationships and encouraging each other... learning from the eagles!

Worship Leader: Rabbi Jules King

Worship Associate: Bryna Blum

April 5, 2020

From Fear Into Generosity

These challenging times can bring uncertainty and anxiety and great fear into our lives. Paying attention to how we understand that fear can open more clarity and possibility. How do we respond to that fear in ways that help us build connection, strength, and love?

Bio:

Rev. Ian Riddell is the former Minister of Music and Worship Arts at the First Unitarian Universalist Church of San Diego. He relocated to our beautiful valley several months after having served the San Diego church for 4 years. This is his first Sunday with us, but he will be a regular Guest Minister going forward, especially over this summer. Before FUUSD, Rev. Ian served as Developmental Minister for the Unitarian Universalist Congregation of Las Vegas. He was ordained in August of 2012 after graduating from Meadville Lombard Theological School. Before entering full-time ministry, Rev. Ian served three congregations as Music Director.

Worship Leader: Ian Riddell

Worship Associate: Joni Paddock

CALENDAR

Friday, March 27

1:30 pm-Afternoon Book Club-**Cancelled**

Saturday, March 28

9:30 am-Care Team Training-**Cancelled**

Sunday, March 29

10:00 am-Worship Service-**ONLINE STREAMING ONLY**

Monday, March 30

5:30 pm-Meditation-**Cancelled**

6:30 pm-Food Addicts in Recovery-**Cancelled**

7:00 pm-S2S2S Rehearsal-**Cancelled**

Tuesday, March 31

8:30 am-Weight Watchers-**Cancelled**

7:00 pm-S2S2S Rehearsal-**Cancelled**

Wednesday, April 1

6:30 pm-UUCOD Choir-**Cancelled**

6:30 pm-Facilities-**Cancelled**

Thursday, April 2

5:15 pm-Women's Night Out-**ONLINE STREAMING ONLY**

7:00 pm-S2S2S Rehearsal-**Cancelled**

Friday, April 3

8:00 am-Men's Breakfast-**Cancelled**

7:30 pm-S2S2S Performance-**Cancelled**

ZOOM MEETING HAPPENING AT UUCOD

- **Love and Kindness Drop-In Meditation with Rev. B**
Thursdays 12:00 to 12:30 PM starting April 9.
- **UU History Through Hymnal Readings with Rev. B - Deeper looks into the readings and their authors.**
2 sessions - Tuesday April 7 and 14 from 3:00 to 4:30 PM. Limited 'seating'.

Email Carol Lavoie at mclavoie@aol.com if you are interested.

Information on how to connect to these classes via zoom will be sent out through Constant Contact sometime next week

A MESSAGE FROM PRESIDENT JANE

Our Community

We are a community. We are used to gathering in person weekly to share worship, sing Spirit of Life, feel uplifted by our Choir and inspired by Reverend Barbara; and after service, coffee, cookies, smiles, hugs, share meals, and wish each other well for the next week. Then we meet throughout the month in committee meetings, book groups, to play scrabble and bridge, for church business, and plan our social justice activities. Reverend Barbara has taught us that we are part of a shared ministry.

Yet here we are; our lives have changed dramatically in just the last week. We are all now facing a new reality. We are acutely aware of our 7th Principle: "Respect for the interdependent web of all existence of which we are a part".

We now have phrases like "Social Distancing", "Flatten the Curve"; phrases most of us have never heard of prior to Coronavirus. Representative Dr. Raul Ruiz's webinar this past week indicated the Coachella Valley's population as a whole is very susceptible to serious consequences of the Coronavirus. Here's a link to his website with Covid-19 information:

<https://ruiz.house.gov/coronavirus-what-you-need-know>

Those of our congregation who live in Palm Springs have been living under "Shelter in Place" restrictions. Thursday afternoon, Governor Newsom placed the entire state under a "Shelter in Place. "Shelter in Place", as an order from the government, has specific restrictions for our daily lives. That includes primarily staying at home; going out to shop only for food, medical and other necessary supplies, keep medical appointments, care for an elderly person and/or care for family members. It means we are to engage in activities for the health and safety of ourselves and our family members. Overall, the message is to avoid any non-essential outings and follow strict physical distancing practices. Following those physical distancing guidelines, I found going for a walk in the neighborhood with Mel particularly calming. There was a cactus with a circle of red flowers around the top, a rosemary shrub whose fragrance drew me in to sniff, birds chirping their songs, plants waiting to be identified by the i-Naturalist app (thank you, Rod), and finding in cloud formations a heart and a whale.

There is no script for the time in which we find ourselves. We are all learning how to keep the vibrancy of our community and our connection to each other through phone calls, texting, emailing, Zoom, Facebook, and our neighborhood groups.

With those calls, texts, emails, and social media contact others in our community regularly; contact your friends, contact someone you may not know so well and make a new friend.

This is the time "Shared Ministry" has a deeper meaning for connection between all of us.

Your President,
Jane

ANNOUNCEMENTS

FYI: Email SCAM

Congregations are being targeted with email scams that include a message sent by what appears to be the minister asking for gift cards to support people with COVID-19.

Rev Barbara Does NOT do that.

Mel Wilkinson suggested we have our April 2 WNO via Zoom. Brilliant idea! We can all stay safe in our homes, yet still enjoy each other's company. Make yourself some dinner and join us at 5:15 on Thursday April 2. If you'd like, you can post your recipe on the UUCOD private FB page for others to make & enjoy. Hope to see you then.

Joni Paddock is inviting you to a scheduled Zoom meeting. Women's Night Out for April.

Join Zoom Meeting

<https://zoom.us/j/461335955?pwd=bzVzU29qaHpzN1ZRa3UwdDJyUVVYdz09>

Meeting ID: 461 335 955

Password: 031666

One tap mobile

+16699006833,,461335955# US (San Jose)

+13462487799,,461335955# US (Houston)

Dial by your location

+1 669 900 6833 US (San Jose)

+1 346 248 7799 US (Houston)

+1 301 715 8592 US

+1 312 626 6799 US (Chicago)

+1 929 205 6099 US (New York)

+1 253 215 8782 US

Meeting ID: 461 335 955

Find your local number: <https://zoom.us/u/abEzADbTZy>

Due to the COVID-19 virus, we are skipping April's Women's Night Out.

During this time of social distancing, UUCOD is discontinuing ordering the physical scrip cards; however, you can sign up through the Shop With Scrip website (shopwithscrip.com/) to enroll in Presto Pay. You can order reloads to many (but not all cards) or get ScripNow (an electronic scrip card). Contact: Sheryl Eaton if you have any questions.

Volunteers Needed

The Covid-19 virus and Governor Newsom's announcement about individuals staying at home present new challenges for all of us at UUCOD. We're rethinking how we communicate with and care for our members and friends, maintain essential ongoing operations, support Sunday services, and keep everyone safe and healthy. We need volunteers to help call congregants, assist with developing communications, provide members and friends with basic technical support with computers and software, and help with virtual Sunday services. We are developing a team to coordinate these efforts but we need others to join in helping us manage through these difficult times. With the exception of Sunday services support, you'll be able to perform all activities from home and won't require more than 4 – 6 hours per week. If you're willing to help, please contact Jerry L'Hommedieu at this email: jklh1954@gmail.com

How to Make Contributions, Donations and Pledge Payments

UUCOD receives a considerable amount of its revenues through plate collections each Sunday. This includes cash donations and checks for pledge payments and contributions of record. As you might expect, our lack of active services has already impacted our revenues and this will continue for some time.

Friends and congregants can make their contribution by clicking on the button below. You can make one time or recurring contributions. You can pay by check, credit card or have funds withdrawn your checking or savings account. After you make your contribution, you can select a password to save your profile. That will allow you to view your contribution history and make contributions easier next time.

[Make Donations Now](#)

News from the Care Team:

Linda Savard and Larry Rogers are on duty for the Care Team for the months of March and April. Anyone in need of support, please feel free to reach out to Linda Savard (562) 505-7665 or Larry Rogers (918) 805-1085. If they can't be reached, team chair is Bryna Blum (760) 485 9289.

Butterfly Project:

UUCOD is once again painting Butterflies for the Butterfly Project. We will be painting them in the Community Room on the first Sunday of each month, (next session is scheduled for April 5, 2020) beginning at 11:30 AM and continuing until we are finished for the day. You can paint half a butterfly, or

as many as you wish.

The Butterfly Project is a call to action through education, the arts and memorial making. It uses the lessons of the Holocaust to educate about the dangers of hatred and bigotry and cultivates empathy and social responsibility. Participants paint ceramic butterflies that are permanently displayed as symbols of resilience and hope, with the goal of creating 1.5 million butterflies around the world—one for each child who perished in the Holocaust, and honoring the survivors.

UUCOD is the first Church to participate in this project. For further information, please contact Kevin Brandt at 760-625-5880.

A MESSAGE FROM THE PRESIDENT OF INTERNATIONAL WOMEN'S CONVOCATION IN THESE TRYING TIMES

Dear Members and Supporters,

In just a short period of time, our lives have been altered by a pandemic.

In times like these, we are reminded of the 7th principle of Unitarian Universalism: "Respect for the interdependent web of existence of which we are all a part."

While many frontline workers and those in marginalized communities, already food insecure, face the greatest impact, essentially we are all in this together. It seems that with each passing day uncertainty looms larger. However, we must not allow fear to override our good judgement. It's important that our actions help flatten the curve of transmission of this virus.

Humans are social creatures, so it's natural for us to want to be in the company of each other. However, we have a moral responsibility to ourselves, our families, and members of our respective communities to err on the side of caution by following the guidance of health care professionals and local authorities.

While we are unable to enjoy each other's presence, we can remain connected by the many electronic means. Please reach out by email, text, Facebook and the old-fashioned telephone. Just remember: you are not alone.

From My Heart to Yours,

Rev. Addae Kraba
President, International Women's Convocation

If you need an uplifting, encouraging moment in these trying times, please follow the link to watch the video filmed at the Monte Vista UU Congregation, CA In honor of March 8, International Women's Day, guest speaker Ms. Kebokile Dengu-Zvobgo, Associate Dean of Study Abroad and International Programs at Pitzer College, Claremont, CA, shares her experience and insights about women's engagement in education, mentoring, restoration and micro-credit programs in Africa.

Take care, stay at home, and remember: we are all here for each other.
The International Women's Convocation Team

[Click here to watch the video](#)

SAVE THE DATE

May 7th, Harvey Milk Breakfast, Palm Springs Convention Center
UUCOD is sponsoring a table of 10. See Jane Zaun for details.

Newsletter Deadlines: The deadline for the Newsletter is always Wednesday morning. If you are going to be late, call or email the Administrator at admin@uucod.org asking to reserve space. The newsletter needs to be on the website by 3:00 pm, Fridays.

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