

January 24, 2020



UUCOD Weekly Reminder

SERVICES

January 26, 2020

Women's Rights?

Roe v Wade, the Supreme Court case that gave a woman the "right" to terminate a pregnancy up until what was called "viability" of the fetus. It was decided January 22, 1973. It is still controversial and may be reversed by the current court.

Worship Leader: Rev. Barbara Fast

Worship Associate: Joni Paddock

February 2, 2020

The Power Of Choosing Gratitude

Worship Leader: Rev. Barbara Fast

Worship Associate: Peter Mathews

CALENDAR

Friday, January 24

1:30 pm-Afternoon Book Club

7:00 pm-Suzanne Sheridan Concert

Saturday, January 25

10:00 am-Community Labyrinth Walk

Sunday, January 26

10:00 am-Worship Service

11:30 am-Conversations with Board

2:00 pm-Centering and Resilience

Monday, January 27

5:30 pm-Meditation

6:30 pm-Food Addicts in Recovery

7:00 pm-S2S2S Rehearsal

Tuesday, January 28

8:30 am-Weight Watchers

4:00 pm-Worship Committee

7:00 pm-S2S2S Rehearsal

Wednesday, January 29

5:30 pm-UUCOD Choir

Thursday, January 30

7:00 pm-Bridge

7:00 pm-S2S2S Rehearsal

Friday, January 31

7:30 pm-S2S2S Performance

Saturday, February 1

EVENTS

January 24, Dylan & Joni & Leonard & Me: Suzanne Sheridan in Concert!

We are excited to announce that the concert is SOLD OUT! Although we are sold out, we will not turn anyone away. We'll find more seats. Be prepared for a far out and groovy good time.

January 24, Afternoon Book Group

The afternoon book group will meet at 1:30 pm at Vonnie Swanson's. The books of Howard Fast will be discussed with "Spartacus" as recommended reading. Please contact Vonnie for entrance at the gate if you plan to attend.

January 26, Conversations with Board

This Spring the Board will be offering several opportunities for conversations between the Board and congregational members and friends. Our first one is this Sunday, January 26 in the Community Room from 11:30-12:30 pm. Our topic this month is "Leadership in the New Year".

Please consider joining us and your fellow congregants. **Your voice is important.**

Centering and Resilience : Self-Sustainability for Activists

Facilitated by Constance Clare-Newman
Hosted by Unitarian Universalist Church of the Desert
Social Justice Committee

January 12-February 9, 2020

Sundays 2pm-4pm (skips Feb. 2)

UUCOD, 72-425 Via Vail, Rancho Mirage

Shore up presence, resilience and self-rejuvenation. Continual burn-out and illness is not necessary and does not help our causes.

We will explore individually and as a group:

- How has being an activist impacted your body?
- How does "being different" create hyper-vigilance?
- What do overwork and depletion do to your mind-body being?
- What self-sustaining practices can work for you?
- Can you re-center in challenging moments?
- How can holding space for change be a source of strength?

You will explore how some patterns and habits have become stuck in your body and what options you have to change. You will learn mind-body skills to center and balance, during times of rest and during times of activism and action.

I want this training to be accessible to as many people as possible so I am asking people to pay what they think it's worth to them, given their individual financial situations.

RSVP, or more info: constance@constanceclare.com

ANNOUNCEMENTS

Plate Collections for Sunday, January 19: \$1,001 which will be split between UUCOD and Planned Parenthood.

January thanks:

Thanks to all who generously gave in January to Food on the First, Socks on the Second and Share the Plate with Planned Parenthood. Let's keep up the good work!

Pledge Drive Kickoff:

Next week plan to stay after service for our pledge drive kickoff. Enjoy over a dozen different chili recipes or cornbread delights. It's time to clean out your pockets, the bottom of your purse, and the car and bring that spare change to vote for your favorite chili and cornbread.

We still need a couple more chili chefs, so don't be shy! See Barbara Storms after service on Sunday or email her.

Share the Plate Nomination Process:

The Social Justice Committee is *excited* to announce a new process for selecting Share The Plate recipients. As you know, our Share the Plate program enables us to extend our stewardship into the

community and supporting local social justice organizations. We want to include the *whole congregation* in selecting recipients. We've created a nomination form on which you can elect any organization that is doing great work in the community. When we have the results, we will put the recipient list to a congregational vote. Those selected will become the Share the Plate recipients for September 2020 through June 2021.

[Click Here to Nominate Your Favorite Organization](#)



Calling All Chili Chefs & Corn Bread Bakers

Join us February 2nd when **UUCOD's 4th Annual Chili Cook-Off & Corn Bread Bake-Off** kicks off our 2020 Pledge Drive. Last year, Vikki Porter took home the trophy for her *Vikki's Roots Hold Me Close Chili* & Sally Weitzel took home the trophy for her *Sally's Sumptous Corn Bread*. Do YOU have what it takes to be the 2020 Grand Champion Chili Chef or Corn Bread Baker? Contact Barbara Storms to sign up to be a Chili Chef, Corn Bread Baker, bring a dessert, or assist with the event.

SAVE THE DATE



More info to follow on each of these upcoming events as their dates draw nearer:

January 30 and February 1, Script2Stage2Screen: Taking Care of Mimi

February 2, Calling All Chili Chefs & Corn Bread Bakers

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It takes a village to have a cook-off:

You can help make the annual Chili Cook-Off & Corn Bread Bake-Off a success by volunteering on February 2nd. We need help:

- Setting up before service
- Enlisting chefs and bakers
- Helping with the awards

Contact: Barbara Storms

February 6, Women's Night Out:

With the help of Sheryl Eaton, we are having WNO at Jax Restaurant at Cathedral Canyon Country Club at 68311 Paseo Real, Cathedral City at 5:15 pm. They will provide separate checks for our group. Please RSVP and mark your calendars.

February 15, 2020: 'Celebrate UUs!' Variety Show (Free admission)

Come join together for a collective pat on the back (and champagne toast) to all of us! Enjoy entertainment by our own talented congregants:

Margaret & Roger Beaman,
Shirley & Terry LeMaster,
Patti Gallagher,
Kurt Jordan & Jonathan Fast,
Jim Swanson,
Velma Wagner,
Mary Ellison,
Rev. Barbara & Jonathan Fast,
and Peter Mathews as the emcee.

Free raffle tickets for a Jensen's chocolate treats basket. Show will begin at 7:00 PM.

Contact Carol Lavoie (mclavoie@aol.com) with questions.
*Donations happily accepted for our music program.

February 19, Choir invitation

There will be a choir open house at 6:15 pm followed by an open choir rehearsal. Come enjoy and sing!

Newsletter Deadlines: The deadline for the Newsletter is always Wednesday morning. If you are going to be late, call or email the Administrator at admin@uucod.org asking to reserve space. The newsletter needs to be on the website by 3:00 pm, Fridays.

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