

January 10, 2020



## UUCOD Weekly Reminder

### SERVICES

**January 12, 2020**

**The Song of Songs**

How do we find our center as Unitarian Universalists? What do we do with the concept of evil? Of goodness? Sin? Salvation? As TV shows like the popular *The Good Place* explore what makes a person good (or not so good), today's sermon asks what happens when such concepts are not predetermined through doctrine or scripture, but instead come to us as choices, ones made real by how we live our lives.

Worship Leader: Rev. Carolyn Price

Worship Associate: Peter Mathews

**January 19, 2020**

**Love and Justice**

In his Letter from a Birmingham jail, Dr. King wrote: *The time is always ripe to do right.* What are our times ripe for now? Michelle Fiore will be singing.

Worship Leader: Rev. Barbara Fast

Worship Associate: Bryna Blum

**January 26, 2020**

**Women's Rights?**

Roe v Wade, the Supreme Court case that gave a woman the "right" to terminate a pregnancy up until what was called "viability" of the fetus. It was decided January 22, 1973. It is still controversial and may be reversed by the current court.

Worship Leader: Rev. Barbara Fast

Worship Associate: Joni Paddock

### CALENDAR

**Friday, January 10**

UUCOD Women's Retreat

**Saturday, January 11**

UUCOD Women's Retreat

9:00 am-Second Saturday Stroll

**Sunday, January 12**

UUCOD Women's Retreat

Socks on the Second

10:00 am-Worship Service

11:30 am-Finance Committee

2:00 pm-Centering & Resilience

**Monday, January 13**

5:30 pm-Meditation

6:30 pm-Food Addicts in Recovery

7:00 pm-S2S2S

**Tuesday, January 14**

8:30 am-Weight Watchers

5:30 pm-Membership

7:00 pm-S2S2S

**Wednesday, January 15**

6:30 pm-UUCOD Choir

**Thursday, January 16**

7:00 pm-Bridge

7:00 pm-S2S2S

## EVENTS

**Last Chance to Sign up to Rally with UUCOD at 4th Annual Women's March**

The 4th Annual Women's March is Saturday, January 18, in Coachella & you are invited to be part of UUCOD's contingent. We will join women & men throughout the United States & fight for change. Sign up in the lobby by Sunday to get details sent to you on Monday.



**January 22, Free Concert, featuring Wisconsin Wind Orchestra**

Join Denise Janssen Eager & the UUCOD Social BUterflies for a Free Concert at 6:30 pm at the Four Seasons. The Wisconsin Wind Orchestra will be performing "An Invitation to the Dance", featuring Handel, Mozart, Lully & Prokofiev. Signup sheet is located in the lobby, between the sanctuary doors.

**January 24, Afternoon Book Group**

The afternoon book group will meet at 1:30 pm at Vonnie Swanson's. The books of Howard Fast will be discussed with "Spartacus" as recommended reading. Please contact Vonnie for entrance at the gate if you plan to attend.

**January 24, Dylan & Joni & Leonard & Me: Suzanne Sheridan in Concert!**

Mark your calendar for Jan. 24, 7:00-9:00 pm, for a rare West Coast concert by singer/songwriter Suzanne Sheridan at UUCOD. Suzanne, a favorite of East Coast UUs, will perform the music of social justice icons Bob Dylan, Joni Mitchell and Leonard Cohen as well her own originals.

Buy your \$25 ticket for this fundraising concert ASAP. Click on the button below the concert description to purchase your ticket. If you prefer to not go online, fill out the paper registration form found in the foyer.

We also need your help to create the atmosphere of a 60s-70s coffee house for this fundraising concert! If you have concert posters, album covers from your favorite folk singers, some acoustic guitars, some pole lamps or table lamps and small table and chairs, please let Fran Hoag know! And, of course, those fun lava lamps would be great to add to the setting.

Let your friends know too! It's a great way to introduce people to UUCOD on a fun, socially conscious evening.

[Purchase Tickets Here](#)

# Centering and Resilience : Self-Sustainability for Activists

Facilitated by Constance Clare-Newman  
Hosted by Unitarian Universalist Church of the Desert  
Social Justice Committee

January 12-February 9, 2020

Sundays 2pm-4pm (skips Feb. 2)

UUCOD, 72-425 Via Vail, Rancho Mirage

Shore up presence, resilience and self-rejuvenation. Continual burn-out and illness is not necessary and does not help our causes.

We will explore individually and as a group:

- How has being an activist impacted your body?
- How does "being different" create hyper-vigilance?
- What do overwork and depletion do to your mind-body being?
- What self-sustaining practices can work for you?
- Can you re-center in challenging moments?
- How can holding space for change be a source of strength?

You will explore how some patterns and habits have become stuck in your body and what options you have to change. You will learn mind-body skills to center and balance, during times of rest and during times of activism and action.

*I want this training to be accessible to as many people as possible so I am asking people to pay what they think it's worth to them, given their individual financial situations.*

RSVP, or more info: [constance@constanceclare.com](mailto:constance@constanceclare.com)

## ANNOUNCEMENTS

### Winter Office Hours

This is to advise you of a change of office hours for Winter Quarter.

(January 6, 2020--March 20, 2020)

Tuesday: 12:15 PM--4:00 PM

Thursday: 12:00 PM--4:00 PM

Friday: 10:00 AM--3:00 PM

Thank you all so much for being patient and understanding with my schedule changes.

Andrea Duran

### Plate Collections for Sunday, January 5: \$206.00

### 'Celebrate Us!' Variety Show

The "Celebrate Us Variety Show," set for Saturday, February 15th, 2020, is looking for UU Family talents that would enjoy performing for an evening of fun and frivolity. If interested, please notify Peter Mathews at the email address or phone number below. Deadline for submission of acts is Noon Sunday, January 12th. ([peter.mathews56@gmail.com](mailto:peter.mathews56@gmail.com)) or (203-240-4676).

### January 12, Socks on the Second for Homeless persons

Bring January 12 or leave ahead in the Well in the Desert brown bin in the UUCOD lobby. Bring new socks, darker colors very welcome. Well in the Desert Palm Springs distributes to local people living homeless. Your socks cushion footsteps during long treks on foot, provide a sense of comfort and dignity, and keep feet warm and dry. Due to limited space, socks only. For other items, please contact Well in the Desert or another charity and transport those items yourself. Thanks!

### January 19, Share-the-Plate

From Planned Parenthood of the Pacific Southwest: Our mission is to ensure broad public access to sexual and reproductive health care through direct service, education and advocacy. Our vision is a world where sexual and reproductive rights are basic human rights, where access to health care doesn't depend on who you are or where you live, and where every person has the opportunity to choose their own path to a healthy and meaningful life. We operate 19 health centers in San Diego, Riverside and Imperial County that served over 130,000 patients in 2017. The health centers in the City of Coachella and Rancho Mirage serve over 15,000 local patients.

PPPSW is our honoree for the January Share-the-Plate. Please bring checkbooks, be prepared to give generously, and make check payable to UUCOD so our treasurer can send them a single check for their share. Thanks!

### Coming February Event:

UUCOD Member Gene Kain will teach 4 weekly classes in a Monoprint Workshop. Class size is limited to 8 & will be the first 8 who sign up & pay the supply fee of \$55.00. Dates to follow, time will be

during the day. For more information, ask Gene during coffee hour.

### **Share the Plate Nomination Process:**

The Social Justice Committee is *excited* to announce a new process for selecting Share The Plate recipients. As you know, our Share the Plate program enables us to extend our stewardship into the community by supporting local social justice organizations. We want to include the *whole congregation* in selecting recipients. We've created a nomination form on which you can elect any organization that is doing great work in the community. When we have the results, we will put the recipient list to a congregational vote. Those selected will become the Share the Plate recipients for September 2020 through June 2021.

[Click Here to Nominate Your Favorite Organization](#)

## SAVE THE DATE



More info to follow on each of these upcoming events as their dates draw nearer:

### **January 30 and February 1, Script2Stage2Screen: Taking Care of Mimi**

**February 2, Calling All Chili Chefs & Corn Bread Bakers**  
Join us February 2nd when UUCOD's 4th Annual Chili Cook-Off & Corn Bread Bake-Off kicks off our 2020 Pledge Drive. Last year, Vikki Porter took home the trophy for her *Vikki's Roots Hold Me Close Chili* & Sally Weitzel took home the trophy for her *Sally's Sumptous Corn Bread*. Do YOU have what it takes to be the 2020 Grand Champion Chili Chef or Corn Bread Baker? Contact Barbara Storms to sign up to be a Chili Chef, Corn Bread Baker, bring a dessert, or assist with the event.

### **It takes a village to have a cook-off:**

You can help make the annual Chili Cook-Off & Corn Bread Bake-Off a success by volunteering on February 2nd, 2020. We need help:

- Setting up before service
- Setting up the sanctuary and then resetting it
- Enlisting chefs and bakers
- Helping with the awards

Contact: Barbara Storms

### **Saturday, February 15, 2020: 'Celebrate Us!' Variety Show (Free admission)**

Contact: Peter Mathews

### **February 2020 (4 Dates to be set): Mono-print classes.**

Offered by a UUCOD member, you can learn a new skill and explore your talents.

Contact: Sheryl Eaton

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**Newsletter Deadlines:** The deadline for the Newsletter is always Wednesday morning. If you are going to be late, call or email the Administrator at [admin@uucod.org](mailto:admin@uucod.org) asking to reserve space. The newsletter needs to be on the website by 3 pm, Fridays.

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