

January 3, 2020



UUCOD Weekly Reminder

SERVICES

January 5, 2020

Bridges to Liberation

Psychologists agree that there are a number of voices we share in common within ourselves that can be, to one degree or another, a cause of suffering in our lives. In addition, living with groundlessness or ambiguity can be a challenge for many people, as we so often yearn for solidity, clarity, and safety. Feelings, too, can create the narratives that contribute to suffering. Through metaphor and allegory this talk will address a practice for surviving, if not embracing, our inner feelings and demon voices. As well, this talk hopes to shed some reality regarding the discomfort that we attribute to our feelings and the ill-at-ease we may experience from what we perceive as "groundlessness."

Worship Leader: Peter Mathews
Worship Associate: Joni Paddock

January 12, 2020

The Song of Songs

How do we find our center as Unitarian Universalists? What do we do with the concept of evil? Of goodness? Sin? Salvation? As TV shows like the popular *The Good Place* explore what makes a person good (or not so good), today's sermon asks what happens when such concepts are not predetermined through doctrine or scripture, but instead come to us as choices, ones made real by how we live our lives.

Worship Leader: Rev. Carolyn Price
Worship Associate: Peter Mathews

January 19, 2020

Love and Justice

In his Letter from a Birmingham jail, Dr. King wrote: *The time is always ripe to do right.* What are our times ripe for now? Michelle Fiore will be singing.

Worship Leader: Rev. Barbara Fast
Worship Associate: Bryna Blum

January 26, 2020

Women's Rights?

Roe v Wade, the Supreme Court case that gave a woman the "right" to terminate a pregnancy up until what was called "viability" of the fetus. It was decided January 22, 1973. It is still controversial and may be reversed by the current court.

Worship Leader: Rev. Barbara Fast
Worship Associate: Joni Paddock

CALENDAR

Sunday, January 5

Food on the First
10:00 am-Worship Service
11:30 am-Sign Making for Women's March
11:30 am-Chalice Circles
2:00 pm-DOS Choir

Monday, January 6

3:30 pm-Sacred Grounds
 5:30 pm-Meditation
 6:30 pm-Food Addicts in Recovery

Tuesday, January 7

8:30 am-Weight Watchers
 10:00 am-S2S2S Meeting

Wednesday, January 8

6:30 pm-UUCOD Choir
 6:30 pm-Facilities

Thursday, January 9

1:30 pm-Stewardship Committee
 2:00 pm-Chefs Table
 6:30 pm-Social Justice Committee
 7:00 pm-Bridge

EVENTS

January 5, Scrip Orders

First Sunday of the month is SCRIP gift card order day! Bring your checkbook & order on the patio.

January 5, Sign Making for Women's March

Come & make a sign at 11:30am in the community room. BRING POSTER BOARDS, ART SUPPLIES, & YOUR CREATIVE IDEAS. Some supplies will be provided. Questions? Call Denise Janssen Eager.

January 9, Chefs Table

Chefs Table will be at 2:00 PM (but get there early), featuring Mary Cardas, from Rio Azul. She will prepare and offer tastings for attendees. This is a FREE event at the Palm Desert Community Recreation Center 43-900 San Pablo Ave.

January 10-12: Women's Retreat in Borrego Springs

Contact: Vikki Porter

January 11, Second Saturday Stroll

The UUCOD Second Saturday Stroll will head to the Mecca Hills for the Ladder Hike in Painted Canyon. This is one of the most famous and beloved hikes in the Coachella Valley. We will hike through amazing slot canyons and rock formations, and will need to ascend a few ladders. Once we exit the canyon we have great views from the top. The hike is about 5 miles and includes hiking in loose sand which can be tiring. Bring a snack or lunch and water. It may be chilly within the canyon so dress appropriately.

We will meet at the trailhead at 9:00 AM where Painted Canyon Road ends. It is a long drive (10 miles northeast of Mecca) and the last couple of miles is a rough road so carpooling in high clearance vehicles is advised. For those who wish, meet at the UUCOD parking lot at 8:00 AM to informally arrange carpools.

Click on the button bellow to register for Second Saturday Stroll!

[Click Here to Register](#)

January 18, Rally with UUCOD at 4th Annual Women's March

Women's March Indio: The 4th Annual Women's March is Saturday, January 18, in Indio & you are invited to be part of UUCOD's contingent. We will join women & men throughout the United States & fight for change. To save your spot & get more info as the date draws nearer, be sure to sign up in the lobby.

**January 22, Free Concert, featuring Wisconsin Wind Orchestra**

There will be a FREE concert at The Four Seasons in Palm Springs at 6:30 PM featuring the Wisconsin Wind Orchestra. The BUUterfly organizer will be spreading her wings and flying home that evening from a week of spoiling her grandsons on the garden isle of Kauai. Denise Janssen Eager, who is a fan of this group will bring her butterfly net & herd all interested folks who would like to attend.

January 24, Dylan & Joni & Leonard & Me: Suzanne Sheridan in Concert!

Mark your calendar for Jan. 24, 7:00-9:00 pm, for a rare West Coast concert by singer/songwriter

Suzanne Sheridan at UUCOD. Suzanne, a favorite of East Coast UUs, will perform the music of social justice icons Bob Dylan, Joni Mitchell and Leonard Cohen as well her own originals.

Buy your \$25 ticket for this fundraising concert ASAP. Click on the button below the concert description to purchase your ticket. If you prefer to not go online, fill out the paper registration form found in the foyer

We also need your help to create the atmosphere of a 60s-70s coffee house for this fund-raising concert! If you have concert posters, album covers from your favorite folk singers, some acoustic guitars, some pole lamps or table lamps and small table and chairs, please let Fran Hoag know! And, of course, those fun lava lamps would be great to add to the setting.

Let your friends know too! It's a great way to introduce people to UUCOD on a fun, socially conscious evening.

[Purchase Tickets Here](#)

Centering and Resilience : Self-Sustainability for Activists

Facilitated by Constance Clare-Newman
Hosted by Unitarian Universalist Church of the Desert
Social Justice Committee

January 12-February 9, 2020

Sundays 2pm-4pm (skips Feb. 2)

UUCOD, 72-425 Via Vail, Rancho Mirage

Shore up presence, resilience and self-rejuvenation. Continual burn-out and illness is not necessary and does not help our causes.

We will explore individually and as a group:

- How has being an activist impacted your body?
- How does "being different" create hyper-vigilance?
- What do overwork and depletion do to your mind-body being?
- What self-sustaining practices can work for you?
- Can you re-center in challenging moments?
- How can holding space for change be a source of strength?

You will explore how some patterns and habits have become stuck in your body and what options you have to change. You will learn mind-body skills to center and balance, during times of rest and during times of activism and action.

I want this training to be accessible to as many people as possible so I am asking people to pay what they think it's worth to them, given their individual financial situations.

RSVP, or more info: constance@constanceclare.com

ANNOUNCEMENTS

Rev. Barbara is on silent retreat and will be back in the office on January 9th.

Plate Collections for Sunday, December 29: \$396.00

January 5, Food on the First

We continue collecting food only for the Galilee Center and their overnight shelter. They distribute food to seniors and families in need in the Mecca area, as well as feeding migrant farm workers in season and asylum applicants in transit staying at the overnight shelter. Bring to January 5 Sunday service or leave in marked brown bin in UUCOD lobby. Check all packages you donate to be sure they are not out of date. Most needed: 1) dry goods: corn masa flour (Maseca, Torti-Masa, etc.) for tortillas, bagged rice or dried pinto beans, small pasta or dry spaghetti; 2) cooking oil: vegetable, canola, or corn oil; 3) canned proteins: chicken, tuna or jars of peanut butter; 4) canned fruits and vegetables: all fruits, vegetables, tomatoes, tomato sauce, pasta sauce. Thanks!

January 12, Socks on the Second for Homeless Persons

Bring January 12 or leave ahead in the Well in the Desert brown bin in the UUCOD lobby. Bring new socks, darker colors very welcome. Well in the Desert Palm Springs distributes to local people living homeless. Your socks cushion footsteps during long treks on foot, provide a sense of comfort and dignity, and keep feet warm and dry. Due to limited space, socks only. For other items, please contact Well in the Desert or another charity and transport those items yourself. Thanks!

Coming February Event:

UUCOD Member Gene Kain will teach 4 weekly classes in a Monoprint Workshop. Class size is limited to 8 & will be the first 8 who sign up & pay the supply fee of \$55.00. Dates to follow, time will be during the day. For more information, ask Gene during coffee hour.

SAVE THE DATE

More info to follow on each of these upcoming events as their dates draw nearer:

February 2, Calling All Chili Chefs & Corn Bread Bakers

Join us February 2nd when **UUCOD's 4th Annual Chili Cook-Off & Corn Bread Bake-Off** kicks off our 2020 Pledge Drive. Last year, Vikki Porter took home the trophy for her *Vikki's Roots Hold Me Close Chili* & Sally Weitzel took home the trophy for her *Sally's Sumptous Corn Bread*. Do YOU have what it takes to be the 2020 Grand Champion Chili Chef or Corn Bread Baker? Contact Barbara Storms to sign up to be a Chili Chef, Corn Bread Baker, bring a dessert, or assist with the event.

It takes a village to have a cook-off:

You can help make the annual Chili Cook-Off & Corn Bread Bake-Off a success by volunteering on February 2nd, 2020. We need help:

- Setting up before service
- Setting up the sanctuary and then resetting it
- Enlisting chefs and bakers
- Helping with the awards

Contact: Barbara Storms

Saturday, February 15, 2020: Cabaret Night

Contacts: Peter Mathews and Carol Lavoie

Newsletter Deadlines: The deadline for the Newsletter is always Wednesday morning. If you are going to be late, call or email the Administrator at admin@uucod.org asking to reserve space. The newsletter needs to be on the website by 3 pm, Fridays.

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