

July 12, 2019



## UUCOD Weekly Reminder

### SERVICES

**July 14, 2019**

**Engaging with Balance in Difficult Times**

"No one can do it for us, and we can't do it alone." From a Buddhist perspective we are deeply interrelated, and *true freedom* comes from *shared* freedom — the freedom of every being. This is sacred intention of the Bodhisattva's vow. Let's explore how we can engage our hearts and minds in the service of freedom.

Worship Leader: Ian Challis

Worship Associate: Glenn Yamaguchi

**July 21, 2019**

**The Theology of Peace, an Interactive Sermon**

In part one of what will be a two-part interactive sermon series, we will talk about the "theology of peace". What does it mean to have our own personal theology, and how does it inform our actions? The word "theology" means the critical study of the nature of the divine, and more broadly, of religious belief. So what about your informed UU theology drives us to be peacemakers? By interactive sermon, I mean that both the preacher and the congregation will be in conversation together.

Worship Leader: Rev. Don Stouder

Worship Associate: Ray Deveaux

**July 28, 2019**

**The Practice of Peace, an Interactive Sermon**

In part two of this two-part interactive sermon series, we will talk about the "practice of peace". Having examined our own theology of peace, how do we act out those beliefs? How do our UU Principles inform our practice of peace? What is ethical and moral? Whose ideas do you think finally won: Martin Luther King or Malcolm X? By interactive sermon, I mean that both the preacher and the congregation will be in conversation together.

Worship Leader: Rev. Don Stouder

Worship Associate: Bryna Blum

### CALENDAR

**Sunday, July 14**

Socks on the Second  
10 am-Worship Service  
12 pm-Lunch at Si Bon  
2 pm-Patti Gallagher Performance

**Monday, July 15**

5:30 pm-Meditation  
6:30 pm-Food Addicts in Recovery

**Tuesday, July 16**

8:30 am-Weight Watchers  
6:30 pm-Board of Directors

**Wednesday, July 17**

**Thursday, July 18**

5 pm-DOS Choir

7 pm-Bridge

## EVENTS

### **July 14 – Socks on the Second for Galilee OLOG shelter**

Bring new socks for men, women and children for asylum seekers in transit. They flee violence at home in Central America. Galilee's Our Lady of Guadalupe (OLOG) farmworker shelter in Mecca hosts both farmworkers and asylum seekers. Asylees are still expected in July to stay a few days until bus or plane tickets can be secured to travel to relatives in US. Asylees are need of key items to take on their journeys. Socks are a big help! Bring them July 14 or place in brown lobby bin usually used to collect socks for the Well.

### **July 21 Share-the-plate for Galilee Center**

Galilee Center in eastern Coachella Valley operates both services to seniors, families and children of the community, as well as the Our Lady of Guadalupe (OLOG) migrant farmworker shelter, now hosting grape workers for final weeks of local harvest plus asylum applicants in transit. OLOG needs money for utilities, food and supplies to keep the shelter open. This has been our summer share-the-plate project. Although our Sunday Service attendance shrinks in the summer with snowbirds and summer travelers away, you have been tremendously generous to help keep the OLOG shelter open. Let's continue that support this month. Thank you so much!

### **July 21-26th – SpiritRest Silent Retreat:**

SpiritRest is a facilitated five-day silent retreat for Unitarian Universalists and other spiritual seekers. Our 2019 gathering will be in Rancho Palos Verdes, CA. This retreat is led by UU ministers Sharon Wylie, Arvid Straube, Stefanie Etzbach-Dale, and Lucy Bunch.

Retreatants meet with a spiritual director for a half hour each day. In addition to the practice of silence, there is guidance for meditation, labyrinth walks, prayer, art journaling, Qi gong, and InterPlay. There is also time for singing together. Each day closes with a vespers service at sundown.

Learn more at our website [www.spiritrestretreat.com](http://www.spiritrestretreat.com)

### **August 4, 2019 Special Collection for the Four-Leggeds!**

On August 4th the theme of the worship service, *Keeping Them*, led by Rev. Carolyn and Worship Associate Frank Riela will our human relationship to animals.

As part of the service, Rev. Barbara, Frank and I are asking for donations of **cat/kitten and dog/puppy food** for the *Imperial Valley Humane Society*, which has a huge influx of animals this time of year, and incredibly meager resources. For those of you who don't know, the Imperial Valley (where Rev. Carolyn & spouse Orval Osborne live) lies to the south of Coachella Valley, past the Salton Sea. While the weather there is the same, the Imperial Valley is the most impoverished county in all of California.

We cannot overstate how much your help is needed, and will be appreciated. The Shelter uses only the following food:

**CAT FOOD** *Kirkland Maintenance Cat Food* - available at Costco

**DOG FOOD** *Pedigree*, adult and small dog - available at grocery stores

**KITTEN FOOD:** *Purina Kitten Chow* - available at grocery stores

**PUPPY FOOD** *Nature's Domain* from Costco.

Orval & I are traveling much of July, but look so forward to being back among you come August. With thanks, in advance, for your kindness and generosity to our four-legged friends.

Rev. Carolyn

## ANNOUNCEMENTS

### **DIRECTORY UPDATE - SUMMER 2019**

We have an active congregation. Since the Annual Directory, we've gained new members and new friends, moved, and changed information. This directory is to let you know what is happening so you can communicate. On Sundays, at church, see Marion Ellson for your directory.

The annual of directory of members and friends will be printed in the fall. If you have changes, want to be included or deleted please fill out a form at the Membership Table by September 29<sup>th</sup>. Directories are only distributed to those are in the directory.

### **Every Sunday: Goods for asylum seekers**

In triple digit heat, our own Leslie and Vikki drive supplies to Galilee's OLOG shelter in Mecca. Border Patrol here releases some asylees to travel in US to join relatives. They wait at OLOG for bus and

plane tickets. They need toiletries and clothes in sizes for smaller adults (no large) and for children (list follows).

Bring items to church and place on floor to right of lobby bins & mark FOR GALILEE FAMILIES. Leslie and Vikki will collect.

Backpacks, shoelaces, diapers, baby wipes, gently-used children's clothes (ask neighbors with kids), maxi-pads (no tampons), new underwear for women, men and children, socks, full-sized antiperspirant, lip balms, combs, razors, soap, soap case, travel-sized shampoo, toothpaste, toothbrushes with covers, and new or clean gently-used shoes, sweatshirts, sweaters or jackets.

Thank you to all who sent goods or checks for Galilee.

**RECYCLE YOUR OLD PRINTER CARTRIDGES**

To raise more funds for UUCOD, you can now turn in your used printer (ink) cartridges. Additionally, recycling ink cartridges keeps them out of the landfill. Please put them in the box in the lobby and someone will take them to be recycled and will get \$2.00 a piece for them.

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**Newsletter Deadlines:** The deadline for the Newsletter is always Wednesday morning. If you are going to be late, call or email the Administrator at [admin@uucod.org](mailto:admin@uucod.org) asking to reserve space. The newsletter needs to be on the website by 3 pm, Fridays.

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