

July 5, 2019



UUCOD Weekly Reminder

SERVICES

July 7, 2019

Voting Rights: Then & What Now

The history of voting rights is a long history of expansion: The granting of the right to vote to those excluded from that franchise. The efforts to circumvent, discourage, and prevent the exercise of those rights. The efforts to encourage people who have the to exercise that right. Democracy must be exercised! Where are we now?

Worship Leader: Rev. Barbara Fast
Worship Associate: Denise Janssen-Eager

July 14, 2019

Engaging with Balance in Difficult Times

"No one can do it for us, and we can't do it alone." From a Buddhist perspective we are deeply interrelated, and *true freedom* comes from *shared* freedom — the freedom of every being. This is sacred intention of the Bodhisattva's vow. Let's explore how we can engage our hearts and minds in the service of freedom.

Worship Leader: Ian Challis
Worship Associate: Glenn Yamaguchi

July 21, 2019

The Theology of Peace, an Interactive Sermon

In part one of what will be a two-part interactive sermon series, we will talk about the "theology of peace". What does it mean to have our own personal theology, and how does it inform our actions? The word "theology" means the critical study of the nature of the divine, and more broadly, of religious belief. So what about your informed UU theology drives us to be peacemakers? By interactive sermon, I mean that both the preacher and the congregation will be in conversation together.

Worship Leader: Rev. Don Stouder
Worship Associate: Ray Deveaux

July 28, 2019

The Practice of Peace, an Interactive Sermon

In part two of this two-part interactive sermon series, we will talk about the "practice of peace". Having examined our own theology of peace, how do we act out those beliefs? How do our UU Principles inform our practice of peace? What is ethical and moral? Whose ideas do you think finally won: Martin Luther King or Malcolm X? By interactive sermon, I mean that both the preacher and the congregation will be in conversation together.

Worship Leader: Rev. Don Stouder
Worship Associate: Bryna Blum

CALENDAR

Saturday, July 6

2 pm-Drop In Scrabble

Sunday, July 7

10 am-Worship Service

2 pm- DOS Choir

Monday, July 8

5:30 pm-Meditation

6:30 pm-Food Addicts in Recovery

7 pm-Evening Book Club

Tuesday, July 9

8:30 am-Weight Watchers

5:30 pm-Membership Committee

Thursday, July 11

5:30 pm-Women's Night Out

7 pm-Bridge

EVENTS

July 7 – PB&J Food on First for Well

July and August Food on the First are planned for bottled water, bread, peanut butter, jam, jelly and preserves for Well in the Desert in Palm Springs. They make PB&J sandwiches to hand out to homeless persons along with bottled water due to the hot weather. Sealed jars of peanut butter, jam, jelly and preserves can be left in the lobby brown bin usually used for Oasis School, since we will not collect for Oasis until September. Please hold onto the bread and water and bring them on Sunday, July 7 to keep bread fresh and due to bulkiness of cases of water.

July 11th – WNO Reminder

Women's Night Out will be Thursday, July 11 this month due to the Holiday falling on 1st Thursday. We're going to the Daily Grille on El Paseo, meeting at 5:30 for dinner in the back of the restaurant. In the past they've had excellent selections at a good price.

If you didn't receive a group email (WNO List #1, 2, or 3) and would like to attend, please contact me, and I'll add your name. Remember: ALL UU women and their guests are WELCOME! If you have any questions please contact Joyce Adams, her email is joyceaasdca@gmail.com.

July 14 – Social BUUterflies: Lunch and Concert

Sign up on round table for the Sunday, July 14th cabaret, TOGETHER AGAIN, with optional lunch after church. Let's come together to support our UUCOD songstress, Patti Gallagher. Tickets at the door \$15. Shirley LeMaster is coordinating lunch reservations @ Si Bon.

July 14 – Socks on the Second for Galilee OLOG shelter

Bring new socks for men, women and children for asylum seekers in transit. They flee violence at home in Central America. Galilee's Our Lady of Guadalupe (OLOG) farmworker shelter in Mecca hosts both farmworkers and asylum seekers. Asylees are still expected in July to stay a few days until bus or plane tickets can be secured to travel to relatives in US. Asylees are need of key items to take on their journeys. Socks are a big help! Bring them July 14 or place in brown lobby bin usually used to collect socks for the Well.

July 21-26th – SpiritRest Silent Retreat:

SpiritRest is a facilitated five-day silent retreat for Unitarian Universalists and other spiritual seekers. Our 2019 gathering will be in Rancho Palos Verdes, CA. This retreat is led by UU ministers Sharon Wylie, Arvid Straube, Stefanie Eitzbach-Dale, and Lucy Bunch.

Retreatants meet with a spiritual director for a half hour each day. In addition to the practice of silence, there is guidance for meditation, labyrinth walks, prayer, art journaling, Qi gong, and InterPlay. There is also time for singing together. Each day closes with a vespers service at sundown.

Learn more at our website www.spiritrestretreat.com

ANNOUNCEMENTS

DIRECTORY UPDATE - SUMMER 2019

We have an active congregation. Since the Annual Directory, we've gained new members and new friends, moved, and changed information. This directory is to let you know what is happening so you can communicate. On Sundays, at church, see Marion Ellson for your directory.

The annual of directory of members and friends will be printed in the fall. If you have changes, want to be included or deleted please fill out a form at the Membership Table by September 29th. Directories are only distributed to those are in the directory.

Every Sunday: Goods for asylum seekers

In triple digit heat, our own Leslie and Vikki drive supplies to Galilee's OLOG shelter in Mecca. Border Patrol here releases some asylees to travel in US to join relatives. They wait at OLOG for bus and

plane tickets. They need toiletries and clothes in sizes for smaller adults (no large) and for children (list follows).

Bring items to church and place on floor to right of lobby bins & mark FOR GALILEE FAMILIES. Leslie and Vikki will collect.

Backpacks, shoelaces, diapers, baby wipes, gently-used children's clothes (ask neighbors with kids), maxi-pads (no tampons), new underwear for women, men and children, socks, full-sized antiperspirant, lip balms, combs, razors, soap, soap case, travel-sized shampoo, toothpaste, toothbrushes with covers, and new or clean gently-used shoes, sweatshirts, sweaters or jackets.

Thank you to all who sent goods or checks for Galilee.

RECYCLE YOUR OLD PRINTER CARTRIDGES

To raise more funds for UUCOD, you can now turn in your used printer (ink) cartridges. Additionally, recycling ink cartridges keeps them out of the landfill. Please put them in the box in the lobby and someone will take them to be recycled and will get \$2.00 a piece for them.

Newsletter Deadlines: The deadline for the Newsletter is always Wednesday morning. If you are going to be late, call or email the Administrator at admin@uucod.org asking to reserve space. The newsletter needs to be on the website by 3 pm, Fridays.

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