

March 22, 2019



UUCOD Weekly Reminder

SERVICES

March 24, 2019

Hints of Gladness

I need to linger in the magic of this blooming desert spring time.

Worship Leader: Rev. Barbara Fast
Worship Associate: Bryna Blum

March 31, 2019

Raging Conflict or Waging Peace

We all sense anger at some time or another because of something that happened to us or because someone offended us. We have choices about how we react. We can rely on our UU principles and personal practices to help us to move forward in a positive, constructive way to wage peace in our troubled world and enlarge our beloved community.

Worship Leader: Sarah Gonzales
Worship Associate: Joni Paddock

CALENDAR

Saturday, March 23

10 am-Tour of the Coachella Valley Wild Bird Center

Sunday, March 24

10 am-Worship Service
10 am-Children's Religious Education Class
11 am-Let Us Eat Cake!

Monday, March 25

5:30 pm-Meditation
7 pm-S2S2S

Tuesday, March 26

8:30 am-Weight Watchers
4:30 pm-Worship Committee
7 pm-S2S2S

Wednesday, March 27

4 pm-Safety Committee
6:30 pm-UUCOD Choir

Thursday, March 28

5 pm-DOS Choir
7 pm-S2S2S
7 pm-Bridge

Friday, March 29

1:30 pm-Afternoon Book Club

Saturday March 30

8 am-Patio Work Party

EVENTS

March 23, Tour of the Coachella Valley Wild Bird Center

Everyone is invited to join us and tour the Coachella Valley Wild Bird Center in Indio at 10:00 AM on Saturday, March 23rd. This was an activity selected last year by the kids in Religious Education and would be interesting for us adults as well. The center was envisioned by Linda York as a way to care and rehabilitate injured and sick wild birds, such as owls, hawks, and geese with the ultimate goal of releasing them back into their habitats. Formed in 1986 and opened to the public in 1995, the Center has grown to accommodate an increasing number of wild birds from the Coachella Valley and beyond. Birds ranging in size from hummingbirds to pelicans and eagles move through the doors of this important rehabilitation center each year.

March 24, Let Us Eat Cake!

Calling all joint-replacement UU's! Please join Evelyn Kain after the worship service for cake in celebration of 1,000 "mountain" miles of hiking on her new knee. We'll light candles and sing "Happy New Knee/Hip/etc. to You" in gratitude for these miracles of orthopedic surgery.

March 30, Rub-a-dub-dub and an acid-wash scrub! 8 AM – noon

Our front patio pergola is getting a fresh paint job, and next we will clean off the rust stains on the concrete. Our prior Rock 'n Roll work party was a great hit, so we are having another party! About a dozen people came, met new friends, and made easy work. Let's do it again!

We have about 230 linear feet to scrub, so the more volunteers the merrier. Sheryl Eaton has again promised to add the fun, including music. Note that we will be using some harsh chemicals (CLR rust remover) so bring appropriate gloves, eye-protection and wear clothes that won't suffer too badly if they get a splatter.

April 7, 11:30AM CRE Visioning - Session #1

You are invited to be part of an important Children's Religious Education Visioning process. We will begin reimagining what kind of religious education program can work for today's families. As part of this effort, I will be attending a workshop at the UU Pacific Southwest District conference in Long Beach, on April 27th. You are welcome to join us!

"The Death of Sunday School and the Birth of What? Our congregations are part of a huge cultural shift, where 20th century models of children's religious education just aren't working like they used to. What are UU congregations learning from their experiments in organizing and engaging children and families differently? What exciting alternatives are rising in Sunday School's place? Join our region's Lifespan Faith Formation specialist to discuss and explore."

April 7, Food on the First:Spring Recess Help

Spring Recess in late April means CVUSD students away from school breakfasts and lunches. Let's shop now to help CVUSD migrant ed families stock up cupboards to feed their students during break. Peanut butter, canned tuna or chicken can help make sandwiches. Check all packages to be sure they are not out of date. Bring to April 7th Sunday service or leave ahead in UUCOD lobby in Oasis School bin. Most needed: 1) dry goods: corn masa flour (Maseca, Torti-Masa, etc.) for tortillas, bagged rice or dried pinto beans, small pasta or dry spaghetti; 2) cooking oil: vegetable, canola, or corn oil; 3) canned proteins: chicken, tuna or jars of peanut butter; 4) canned fruits and vegetables: all fruits, vegetables, tomatoes, tomato sauce, pasta sauce.

ANNOUNCEMENTS

A message from Lisa Jamieson

I am leaving the desert somewhat suddenly, and haven't been able to say all the goodbyes I would have liked to. I'll be moving to Portland to be near my daughter. UUCOD has been an important place for me over the past 9 years, and I've met many wonderful people here. I will miss the desert and the UUCOD folks, and hope to come back for a visit next winter. -Lisa Jamieson

LOOKING FOR SCRABBLE PLAYERS

The UUCOD Drop In Scrabble group meets at the church the first and third Saturdays of each month from 2-4 pm. Would love to have you join us! All players welcome-beginners to not. No commitments, no sign ups. Just show up! Contact Carol Lavoie (mclavoie@aol.com or 760-895-4409) with questions.

Lunch Bunch Group

On Sundays when there are no other meetings: lunches, celebrations, and or special meetings, you are invited to join Jessie Lynch for the UU-Lunch Bunch Group. We go directly to a local near-by restaurant for lunch and conversation. (P) How do you know this is happening on any particular Sunday? Look for Jessie Lynch holding a BIG RED SIGN, standing out on the patio during the COFFEE HOUR after services. He can give you all the details. Look forward to having us join us. Other questions, call Jessie Lynch (760)537-5172 or Nancy Boyce (503) 383-6930. They are both in the Church Directory.

Share-the-Plate success for Desert Aids Project

Thanks to all who contributed to the Share-the-Plate collection on March 17 for Desert Aids Project. A check for \$658.51 has been sent to support their services for HIV testing, primary and specialty medical care, dental, behavioral health and social services for those in our valley living with or at risk for HIV/AIDS.

Join the UUCOD Social BUUterflies

Apr 5, Circus Vargas -- bring the kids & grandkids! Apr 7, Opera in the Park! and May 4, Phantom of the Opera featuring our wonderful Michele Fiore. Signups for all events are on the lobby round table. Or contact Sheryl Eaton.

What happened to Green Sanctuary?

We've heard this question a few times recently. The congregation went to considerable effort to achieve Green Sanctuary certification in 2011. Some portions continue, such as sourcing environmentally friendly cleaning products and proper recycling of batteries. But overall, Green Sanctuary is on hiatus awaiting volunteers to carry it forward, whether just single parts (such as in the Sunday service), or continuing the full certification. If this is your passion, contact Rod Belshee.

The weekend of April 27-28 there will be Green Sanctuary events.

SAVE THE DATE

April 12-14, UU Men's Fellowship Spring Renewal Camp deBenneville Pines:

Facing our Transitions: Past, Present, and Future. See below for more information.

April 20, All Congregation Pot-Luck Seder, 5PM -730PM:

Share the holiday meal and the story of liberation with your family and friends. (\$5 pp to cover basic costs) We will read from a Haggadah, learn about the Seder Plate, watch to see if Elijah and Miriam sip from their cups, sing old songs, and make this year's meaning out of this venerable tradition. We may even award a prize for the best vegan and classic matzah ball soups. Yes, there will be a hunt for the Afikomen. A sign-up sheet will be available soon!

If you want to help Rev Barbara, email her at uurevbbarbara@gmail.com

April 26-28, UUA Pacific Southwest District Assembly:

"From the Ground Up-The Power of Our PSWD Communities": In Long Beach. For more information, <https://pswduaa.org/events/district-assembly/>

May 5, Annual Congregational Meeting 11:30 am:

More information coming in April.

June 19-23, UUA General Assembly-"The Power of We":

In Spokane, WA. For more information, <https://www.uua.org/ga>. Do you want to be a delegate? See a Board member.

July 21-26, SpiritRest Silent Retreat:

SpiritRest is a facilitated five-day silent retreat for Unitarian Universalists and other spiritual seekers. Our 2019 gathering will be in Rancho Palos Verdes, CA. This retreat is led by UU ministers Sharon Wylie, Arvid Straube, Stefanie Etzbach-Dale, and Lucy Bunch.

Retreatants meet with a spiritual director for a half hour each day. In addition to the practice of silence, there is guidance for meditation, labyrinth walks, prayer, art journaling, Qi gong, and InterPlay. There is also time for singing together. Each day closes with a vespers service at sundown.

Learn more at our website www.spiritrestretreat.com.

**UU Men's Fellowship Spring Renewal
April 12-14, Camp deBenneville Pines**

**Facing our Transitions:
Past, Present, and Future**



We all are facing transitions: school, jobs, health, relationships, retirement, aging, death. How we face them is often dependent on our past history, our current state of mind, and our concerns about the future. In a SAFE and SUPPORTIVE place, we may begin to unpack these issues, support each other, and discover new insights about our journeys.

Please join with your kindred brothers to fellowship, make music, celebrate rituals, and enjoy the natural beauty of the mountains and forests surrounding Camp deBenneville Pines.

Registration form: 2019 Spring Renewal Weekend, April 12-14, 2019

Registration includes food, lodging and all programs and activities.

Name _____ Name tag _____ Age _____
 Telephone (home) (____) _____ (cell) (____) _____
 Street _____
 City/State _____ Zip _____
 E-mail _____
 Emergency contact _____ phone (____) _____
 1st Timer* _____ Shirt size _____ CPAP _____ Hearing Issue _____ Health or Physical Issue _____
 Special diet requirement request: () vegetarian () vegan () diabetic () gluten free
 () Need a ride. () Can give a ride. Location/day/time _____
 Comments _____

Registration fee (\$175**) \$ _____
 Contribution to Program Enhancement*** (supplements program expenses) \$ _____
 Contribution to Scholarship Fund*** (assists those with financial need) \$ _____
 Optional Thursday evening (4-11-2019) (\$25) \$ _____
 Replacement T shirt for returning attendees: size _____ (\$15) \$ _____
 UUMF Membership (\$25 San Diego County only) \$ _____
Total \$ _____

*First Timers receive a complimentary Shirt. Please list size.
 **The \$175 represents only our break-even figure.
 ***Please consider contributing to the tax deductible Program Enhancement or Scholarship funds.
 It is our policy to support attendance by men who may have financial difficulties. For information on scholarship assistance or for questions about this event, please contact Mike Dorfi at (619) 466.5952 or mdorfi@cox.net. Craig's cabin will be allotted on age and physical ability. **Please respond by April 5, 2019 (attendance limited to first 90 who register)**

Please make your check payable to: **First Unitarian Universalist Church**. Mail your check and registration form to the church, **ATTN: UUMF Renewal, 4190 Front Street, San Diego, CA 92103**. Several weeks before the event, we will send a confirmation letter that will include "what to bring" and directions to the camp.

To register and pay on-line (<https://bit.ly/2Thtxg>)

Newsletter Deadlines: The deadline for the Newsletter is always Wednesday morning. If you are going to be late, call or email the Administrator at admin@uucod.org asking to reserve space. The newsletter needs to be on the website by 3 pm, Fridays.

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